

Debriefs

Those of us in the field of law enforcement psychology of become ever more committed to the idea that debriefs give closure, or at minimum, start the process of closure after tragic, deeply stressful or traumatic events happen.

Sometimes an OICI team works, sometimes it can be peer support lead, and other times a licensed professional can help guide nuanced conversations forward in a healthy way that helps kick start your team's innate ability to begin to heal themselves.

Debrief Cost: \$200 (let's talk though—if you deeply need a debrief and don't have the funds, I'll do it for free.)

Contact Miriah Ikemiyashiro, LCSW to schedule.

Miriah.ike1@gmail.com

435-760-9020